

## Multnomah Education Service District

We Support All Students to Achieve Excellence

## DAILY ILLNESS SELF-SCREENING CHECKLIST

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Employees and parents/guardians of students will be required to self-screen daily for symptoms of illness before entering district property or using district transportation (employees self-screen, parents/guardians screen their children). In addition, this Self-Screening Checklist should be used to determine whether there is a risk for potential illness or exposure to COVID-19. *If an employee or student has any of the following symptoms, or COVID-19 exposure, the employee or the student should stay home, report or have parent/guardian report the absence and symptoms to the school or appropriate supervisor, and contact their healthcare provider as necessary.* 

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COVID-19 Diagnosis / Close Contact / Potential Exposure	
	Employee, student, or someone in their household has been diagnosed with COVID-19
	Employee or student has had close contact (within 6ft of an infected person for at least 15 cumulative minutes) with a person diagnosed with COVID-19
	Employee or student has been asked to isolate or quarantine at home by a medical professional or a local public health department
	Employee or student has a <i>household member</i> who has been in close contact (within 6ft of an infected person for at least 15 minutes) with a person diagnosed with COVID-19, and the <i>household member</i> now has primary COVID-19 symptoms of illness
Primary Symptoms of COVID-19	
	Fever (temperature of 100.4°F or higher)
	A new cough that has not been diagnosed or cleared by a healthcare provider
	Unexplained shortness of breath
	New loss of taste or smell
	Chills
	Difficulty breathing
Additional Excludable Symptoms of Illness	
	Vomiting
	Diarrhea
	Undiagnosed rash or sores

\*For information about exclusion see the Oregon Department of Education and the Oregon Health Authority guides: Planning for COVID-19 Scenarios in Schools and ODE/OHA Communicable Disease Guidance for the School Setting